



Mountain Home Office Hours

IDAHO
DEPT. OF LABOR

The Idaho Department of Labor has more locations to serve Idahoans in your area on a consistent weekly schedule. We're excited to offer services to more of you when and where you need it. Find us on our website or come see us in person at these locations and times:

Central District Health, 520 E. 8th N.

Monday - 8 a.m. to 5 p.m.

Friday – 8 a.m. to noon

(except holidays)

Walk-in Services

- Search our job listings using IdahoWorks
- Learn about in-demand careers in your area using JobScape
- File for unemployment insurance benefits
- File a wage claim
- Get assistance with online job applications
- Talk to a career planner

Appointments

- Adult / youth education and training programs*
- Trade Act Assistance*
- Veterans services
- Farmworker services
- Resume assistance
- Mock interviews
- Reemployment Services and Eligibility Assessment (RESEA)

**Income and eligibility requirements apply.*

Schedule an appointment or contact us for more information at
(208) 332-3570 ext. 3744 or ext. 3745 or email: mountainhomemail@labor.idaho.gov.